

## *Top Tips for Saving Energy*

Adapted From: **Heroes of the UAE**

<http://www.heroesoftheuae.ae>

- **IT'S COOL TO BE A LITTLE WARMER!**  
Once you've adjusted your AC to the temperature you want, turn it back up just 2-3 degrees. You'll hardly know the difference, but it will make a difference to your consumption. Also remember to turn it off when you leave your home. That 2 degree difference can save you around AED 245\* a year!
- **FEEL THE POWER OF THE SHOWER!**  
Heating water takes energy so take a quick shower as it uses around three times less water than a hot bath. And as well as saving energy, showering also saves you time. This could save you a massive AED 570\* a year!
- **BE BRIGHT! SAVE MONEY!**  
Energy-saving light bulbs are much more efficient than the traditional version and last up to 10 times longer. Next time you need to replace a bulb, take the energy saving option. You can save a very worthwhile AED 806\* by making this switch.
- **TURN OFF YOUR WATER HEATER!**  
Most heaters only take 20 minutes to heat enough water for a shower, so get into the simple habit of switching it off when you do not need it.
- **HANG IT ALL!**  
We have plenty of sun and warmth here, so use it to dry your clothes instead of the tumble dryer. A large laundry frame only costs a few dirhams.
- **GET YOUR RATINGS RIGHT!**  
Most kitchen appliances these days have an energy-efficiency rating. If you're buying one, choose the one that's the most energy efficient and ask the supplier if they have this information.
- **GOING OUT? TURN IT OFF!**  
Get into the simple habit of switching lights off whenever you leave a room. And remember to do it at work too!
- **WAIT BEFORE YOU WASH!**  
Don't use the washing machine until you have enough laundry to fill it to its capacity.
- **DON'T STAND BY, SWITCH OFF AND UNPLUG!**  
If you leave your TV or computer on standby overnight, it uses almost as much electricity as it does when it's switched on. Remember to turn it off and unplug!
- **FILL THE CUP, NOT THE KETTLE!**  
If you're only making one or two hot drinks, only boil that amount of water in the kettle.
- **SAY NO TO EXPENSIVE EXTENSIONS!**  
If you have an extension lead connected to a wall point and it's switched on, you're needless wasting power. Switch off and - better still - unplug it!
- **NEED A REGULAR DEFROST**  
Freezers – especially large chest freezers – need a regularly defrost to work efficiently. When was the last time you defrosted yours?